



August 2018

Dear Rochester Schools Students, Parents and Guardians,

My name is Karan Pfingst and I am the new Food Service Director. I am delighted to be here and I am looking forward to interacting with Students, Staff and the Community. My Assistant Director is Andi Wentworth. Andi is an experienced and talented food service manager and is an asset to our team.

The new school year is upon us and we want to extend a warm welcome and let you know that **Chartwells School Dining Services** has some exciting plans for your school meal programs. We have a great staff in place at each school who bring experience, excitement and quality to our program. Our mission is to ensure that we serve healthy, well-balanced and nutritious meals that our students enjoy.

Chartwells brings fresh ideas and innovative concepts to school dining services. We believe that mealtime should be fun and delicious, built around high-quality foods and fresh ingredients designed to energize and satisfy students on-the-go. Together with balanced, delicious meals, we offer an exciting range of educational tools that help students make wise, informed decisions. You will see gradual changes with the menu choices and food presentation at all schools. We will be working with administrators, students and parents to gain insight to how we can enhance our services.

Meal Prices:

Elementary Schools	Middle and High Schools
Breakfast: Free at all Elementary Schools	Breakfast, Paid \$1.50
Lunch, Paid: \$2.45	Breakfast, Reduced \$.20
Lunch, Reduced: \$.40	Lunch, Paid \$2.95
Adult Lunch, all schools \$3.25	Lunch, Reduced \$.40

Milk is available with all meals, or may be purchased separately (snack milk) for \$.55

Menus by Nutrislice™ Nutrislice provides Rochester students, parents and guardians with menu, nutrient, ingredient and allergen information. It's available on the district website or through a Smartphone app! To access the menus on-line go to Rochesterschools.com and click Lunch and Breakfast Menus. Nutrislice is the preferred way to access the menus, as we will be reducing the number of paper menus that will be distributed to the schools.

Payment Options The most convenient option, and also quickest for students in the lunchroom, is to pre-pay and have money on account. You can pre-pay with MySchoolBucks.com, which is a web-based and mobile app, or with cash or checks made payable to Rochester School Lunch. Checks should include student's first and last name and student ID number. Cash payments are also accepted during lunch service.

Free and Reduced Meals Families can apply for free or reduced meals for their students to assist with the cost of school breakfast and lunch. We encourage families to apply. The information provided is strictly confidential and not used for any other purpose.

Elementary Program For the elementary students, we will be following an adventure of fun and nutrition education with the help of the Eat, Learn, Live Characters - Theodore, Sydney, & Ava - watch for Theodore, Sydney & Ava and friends on menus and signs in cafeterias- they are our nutrition ambassadors!!!! You will also notice whole grain and fresh fruits and vegetables being offered more frequently.



Middle and High Schools Program We know that middle school students love lunch for the sociability first and the food second. Our level of service prioritizes speed of service and offering foods that are seen as appealing, yet easy to eat. Building on their interests, we've created core stations in an open and inviting setting that conveys energy and excitement.

To learn more about Chartwells, visit our website at www.eatlearnlive.com

We look forward to our partnership with the Rochester Schools, and to provide a great program and becoming a member of your community.

Sincerely,

Karan Pfingst
Food Service Director
Rochester Schools

